Breastfeeding /Expressing milk Statement

Queen Mary recognises the importance of retaining women in study and employment after they have had children. It also acknowledges the benefits of breastfeeding to mothers and infants and therefore encourages and supports staff members and students to breastfeed their babies, including upon their return to work/study.

‘Breastfeeding’ includes expressing milk and the same rights under this policy will apply to employees who wish to express milk to give to their baby.

To this end, the College will:

- Inform all pregnant employees/students of their rights under this statement.
- Perform a risk assessment in relation to all employees/students who plan to continue breastfeeding on their return to work/study. The line manager/head of department/school (for students) will carry out the assessment in cooperation with the employee/student.
- Make available a private, comfortable and appropriately equipped room on each campus for breastfeeding employees/students to feed their baby or express their milk. This will not be a dedicated facility.
- If necessary, make a time-limited adjustment to the working hours and/or conditions of breastfeeding employees, in consultation with the employee.

The available rooms are as follows, on a booking basis only:

**Mile End Campus:**
Nursery
406 - 408 Bancroft Road
To book please contact Linda Happe, 020 7882 2790, l.happe@qmul.ac.uk.
or Karen Gravell, 0207 882 2782, k.l.gravell@qmul.ac.uk.

**Blizard Institute:**
Please contact Natalie McCloskey, n.mccloskey@qmul.ac.uk, 0207 882 2298 for a suitable room.

**Institute of Health Sciences Education:**
Please contact Christine Sofianos, c.m.sofianos@qmul.ac.uk, 0207 882 2617

**Institute of Dentistry:**
Please contact Jo Kirner, j.m.kirner@qmul.ac.uk, 0207 882 6615

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1 With appropriate advise from Health and Safety and/or Occupational Health Service.
2 Breaks to breastfeed/express milk will, like those of other employees, be unpaid.
Charterhouse Square:
Wolfson Institute
Room 036 (Clinic Room 1)
To book please contact: Tina Winfield, t.winfield@qmul.ac.uk (08:45 – 12:45) or Karen Ruddock, k.j.ruddock@qmul.ac.uk (12:45 – 4:45) on 020 7882 3850