Recommended Reading to Learn about Black Lives Matter and Anti-Racism

By Dr Kavita Powley

Education is important to understand and support the Black Lives Matter movement. Below is a list of recommended books written by a diverse range of authors. They are suggested as literature to learn more about Black Lives Matter, and to encourage new ways of thinking about racial injustice, equality and inclusivity. Diversifying your knowledge and educating yourself can help you to better understand the experiences of Black people. The books listed are highly recommended as they raise awareness of diverse cultures and experiences, challenge assumptions, motivate people to realise their own privileges and suggest ways to be a better ally. Some books will also provide much needed support and empowerment. This is not an exhaustive list, there are several brilliant resources being shared online and are widely available in a range of formats and written by Black authors. Listen, learn and support.

- Americanah by Chimamanda Ngozi Adichie
- Barracoon: The Story of The Last Slave by Zora Neale Hurston
- Beloved by Toni Morrison
- Biased by Dr Jennifer Eberhardt
- Brit(ish) by Afua Hirsch
- Diversify by June Sarpong
- Don't Touch My Hair by Emma Dabiri
- Freedom Is A Constant Struggle by Angela Davis
- Girl, Woman, Other by Bernardine Evaristo
- Hood Feminism by Mikki Kendall
- How to Argue with a Racist by Adam Rutherford
- How to Be an Anti-Racist by Ibram X. Kendi
- I Am Not Your Baby Mother by Candice Brathwaite
- Inglorious Empire: What the British Did to India by Shashi Tharoor
- Me and White Supremacy by Layla F. Saad
- More than Enough by Elaine Welteroth
- Natives by Akala
- Overcoming Everyday Racism by Susan Cousins
- Queenie by Candice Carty-Williams
Race Talk and the Conspiracy of Silence by Derald Wing Sue
Seeing Race Again by Kimberlé Williams Crenshaw et al.
Slay in Your Lane by Yomi Adegoke and Elizabeth Uviebinené
So You Want To Talk About Race by Ijeoma Oluo
Such a Fun Age by Kiley Reid
Superior: The Return of Race Science by Angela Saini
The Clapback: Your Guide to Calling Out Racist Stereotypes by Elijah Lawal
The Good Immigrant by Nikesh Shukla
The New Jim Crow: Mass Incarceration in The Age of Colorblindness by Michelle Alexander
Think Like a White Man by Boule Whytelaw and Nels Abbey
What Does It Mean to Be White? Developing White Racial Literacy by Robin DiAngelo
When They Call You A Terrorist by Patrisse Khan-Cullors and Asha Bandele
White Fragility by Robin DiAngelo
White Privilege by Kalwant Bhopal
Why I’m No Longer Talking to White People About Race by Reni Eddo-Lodge
Your Silence Will Not Protect You by Audre Lorde